

Project Description

Launched in 2018, Healthy Kids, Healthy Future Technical Assistance Program (HKHF TAP) provides high-quality technical assistance (TA) and supports state partners to integrate healthy eating and physical activity best practices into early care and education (ECE) systems and settings. Among these best practices are ensuring toddlers and preschoolers receive fruits or vegetables at every meal and that babies have short periods of 'tummy time' every day.

Guided by the CDC's Spectrum of Opportunities framework, Nemours collaborates with departments of health, child care resource and referral agencies, and other ECE organizations to accelerate the integration of best practices into broader state systems, such as TA networks, professional development, licensing, Child and Adult Care Food Program (CACFP), and Quality Rating and Improvement Systems (QRIS).

HKHF TAP also includes the Physical Activity Learning Session (PALS) Project. PALS trains and coaches ECE and health staff that work directly with ECE programs (Head Start, Early Head Start, child care, family child care, prekindergarten). PALS builds state capacity to support the promotion of physical activity best practices for infants and young children in ECE.



For additional information:
Roshelle Payes, Project Director
HKHFTAP@nemours.org

Our Strategies



Partnerships

Improve the establishment and maintenance of results-driven partnerships



Programs & Services

Improve identification of best practices and implementation of evidence-based/informed programs and services



Leadership & Workforce Development

Improve leadership and workforce competencies, especially related to physical activity for young children

How does HKHF TAP help children?

HKHF TAP enhances state and ECE program capacity to integrate healthy eating and physical activity as an essential component of quality child care. Nemours supports ECE program staff with evidence-informed tools and training (Go NAPSACC, CATCH), on-going TA, and classroom resources. Taken together, these resources help create healthy environments for young children in child care. In the first project year, Nemours and partners reached 2,246 child care programs that serve more than 70,000 young children.

Where is HKHF TAP?

Nemours provides funding, long-term TA, and other resources to statewide organizations in 12 states: Alabama, Florida, Georgia, Iowa, Kansas, Louisiana, Maine, New Hampshire, New Jersey, South Carolina, Virginia, and Wisconsin.

Nemours and national partners also offer limited TA support to 8 states receiving CDC's State Physical Activity and Nutrition (SPAN): Alaska, Arkansas, Colorado, Connecticut, Minnesota, New York, Ohio and Pennsylvania. These activities includes PALS, GIS Storymap creation for CACFP outreach, and equity training.

How is HKHF TAP funded?

HKHF TAP is funded through a five-year CDC Cooperative Agreement (5NU38OT000304-02-00).